

# NATURE PLAY RECIPE CARD

## Write with Dandelions

### INGREDIENTS:

- Piece of paper
- Dandelions

### METHOD:

- Pick a dandelion from the bottom of the stem
- Holding the stem like a pencil use the sap that oozes out of the stems of a dandelion to write down a message.
- To see what you have written leave the paper in the sun until your drawing or text is visible.



### SAFETY AND CARE:

- Watch out for the leaves on the Dandelion - they can be spiky.
- Wash your hands after using the dandelion so you don't get sap any in your mouth.
- Dandelions are considered a weed in Australia and can be picked from the ground.

Did you know?

Dandelion means  
Lion's tooth in  
French.

CHILDREN  
IN NATURE  
NSW

