

NATURE PLAY RECIPE CARD

Rock Balance

INGREDIENTS:

- Some flat ground
- Pebbles, stones or rocks
- Patience!



METHOD:

- Find a quiet space
- Get all of your stones/rocks together to begin the balance
- Try to balance your stones/rocks/pebbles on top of each other to make a tower
- See how long it stays



SAFETY AND CARE:

- Don't overweigh yourself when carrying stones and rocks, you do not want to drop them on your toes
- Keep a distance when balancing so that if it falls it doesn't fall onto you
- Keep your fingers away when adding new rocks

Did you know?

Andy Goldsworthy is a great artist to investigate rock balancing.

CHILDREN
IN NATURE
NSW

