

NATURE PLAY RECIPE (ARD **Charcoal Paint**

INGREDIENTS:

- Charcoal
- A burnt stick
- Ashes
- Optional: cork, paper, cardboard

- Use either a cooled burnt stick, a stick of charcoal, some left over cooled ashes or a burnt cork as your paint brush.
- Paint designs or patterns on paper, bark, concrete.
- You can also mix the paint with water to get different tones
- Use as face or body paint if you
- You can use a tissue or your fingers to smear, stamp or blend the charcoal.

SAFETY AND CARE:

- If you are using your own wood to make ashes. Make sure it is cooled down so you don't get burned.
- Charcoal has great cleansing properties so do not worry if it gets in your mouth. Just

wash it out with some water.

Did you know?

Although it seems dirty, Charcoal has cleaning properties, it has been used as a filter for thousands of years.



